



YTF Cosmetic Plastic Surgery Network

Medications To Avoid Before Surgery

It is **very important** to cease taking certain medications and supplements *at least 2 weeks* before and 2 weeks after your surgery. Any of the items outlined in this list can have a severe impact during and after your surgery such as **abnormal and uncontrollable bleeding**, an **increase in swelling and bruising**, **blood clots** and potentially **dangerous reactions with anesthesia**. Be advised that this is only a **partial list** and to **disclose any and all medications, supplements, or drug and alcohol use with both your surgeon and anesthesiologist**. Only Tylenol® (acetaminophen) is commonly allowed for pain relief during this time, but please **check with your surgeon**. **Important: If you are on prescription medications, ask both your surgeon and primary care physician if it is safe to stop taking them before doing so. Never stop taking a prescription medication unless you are specifically instructed to do so.** Many times, adjustments in your anesthetics or other preparations can be made by the surgical team.

A

Aches-N-Pains, Actifed, Acuprin, Addaprin, Adprin - B Tablets, Adult Analgesic Pain Relievers, Advil, AK Spore - HC, Alka Seltzer, All Arthritis Medicines, Allergy Relief Medicines (A.R.M.), Alpha Omega (fish oil), Aluprin, Aleve, Amigesic Capsules, Amitriptyline, Anacin, Anacin Arthritis/P, Ansaid Tablets (generic brand of Ansaid is Flurbiprofen), Anodynos Tablets, Analval, Anaprox, Anaprox-DS, Anaproxen, Anaproxen Anodynos, Ansaid, APAC Improved, APC, Argesic Tablets, Arthra-G, Arthralgen Tablets, Arthritis Pain Formula, Arthritis Strength Bufferin, Arthropan, Arthropan Liquid, Ascaff, Ascocodeen, Ascriptin, Ascriptin AID tablets, Ascriptin with Codeine Tablets, All Ascriptin Products, Aspir-lox, Asperimox, Aspirbuf, Aspercine, Aspergum, Aspirin (of any kind), Aspirin Suppositories, Aspirin with Codeine, ASpirTab, Asprimox Tablets, Asproject, A.S.A. Tablets, A.S.A. Enseals, Axotal, Azdone Tablets

B

B-A-C Tablets, Bayer Aspirin, Bayer Children's Aspirin Tablets, Bayer Children's Cold Tablets, Bayer Timed-Release Aspirin Tablets, Bayer Select Pain Formula, BC Powder/Tablets, Bilberry Tablets, Brufen, Buf Tab, Buff-A-Comp, Buff-A Comp No.3 Tablets with codeine, Buffaprin, Buffasal, Bufferin, Bufferin 37%, Bufferin Arth, Bufferin X/S Butalbit, Buffets II, Buffex, Buffinol, Buroption, Buroption HCL, Butazolidin

C

C-Advil Cama, Cama Arthritis Pain Reliever, Cama Inlay Tabs, CataFlam Tablets, Carisoprodol Compound Tablets, Cayenne, Cephalgesic, Cheracol Tablets, Children's Advil Suspension, Children's Aspirin, Children's Motrin Suspension, Chromium, Chromium Picolinate, Claritin, Clinoril, Concerta (for ADD/ADHD), Congespirin, Contac, Cope, Coricidin Tablets, Coricidin "D" Decongestant Tablets, Coricidin, Coricidin Demilets Tablets for Children, Coricidin Mediets Tablets for Children, Coumadin

D

Damason-P, Darvon, Darvon with ASA, Darvon Compound, Darvon Compound-65, Darvon w/Aspirin, Darvon-N with Aspirin, Dasin, Dipryridamole, Disalcid, Diurex, Doan's, Dolcn, Dolobid, Dolphirn #3 Tablets, Drinopehn, Dristan, Dristan Sinus, Duoprin-S Syrup, Duradyne Tablets

EVitamin E, E-aspirin, Easprin EC, Echinacea, Ecolrin, Ecotrin Tablets, EFFEXOR® XR, Elavil, Emagrin, Empirin, Empirin with Codeine, Emprazol, Endodan Tablets, Epromate Tablets, Equagesic, Equazine-M, Excedrin, EFFEXOR® XR (venlafaxine HCl) Extended-Release, ExPrazi

F

Feldene, Fenoprofen Tablets, Feverfew, Fiogesic Tablets, Fioricett, Fiorinal, Fiorinal with Codeine, Florgen PF, Fluoxetine, Flurbiprofen Tablets, 4 Way Cold Tablets

G

garlic (*allium sativum*) tabs. Genaced, Genacote, Gelpirin Tablets, Genprin, Gensan, Ghemnisym, Gingko, Gingko

Biloba, Gennin, Ginger, Gingko, Ginkobiloba, GNP aspirin, Goody's Headache Powder, Goody-s Extra Strength

H

Halfprin Tablets, Haltran, Heparin, Hydroxycut

I

IBU, IBU-Tab, Ibuprofen, Ibuprin, Ibuprohm, Indocin, Indochron E-R Capsules , Indomethacin Caspules, Indomethacin Suspension, Infantol Pill, Isollyl Improved Tablets & Capsules

K

Ketoprofen Capsules

L

Lanorinal, Licorice Root, Lodine, Lortab ASA

M

MAO Inhibitors, Magan, Magnaprin, Magnasprin, Magsal, Marnal, Marthritic Tablets, Maximum Bayer Aspirin, Measurin, Meclomen, MecloFenamate Capsules, Medigistic-Plus, Medipren, Meditren, Melatonin, Menadol, Meprogesic Q, Micraninin, Midol/Midol 200, Midol Original, Midol PMS, Mobidin, Moblgesic, Momentum Back Ache Formula, Monogesic, Motrin, Motrin IB, Multi-Vitamin

N

Nalfon, Nardil, Nardilzine, Naprosyn, Neomycin, Neogesic, Norgesic, Norgesic Forte, Norwich Extra Strength Aspirin, Nov-naproxen, Nuprin, NyQuil/NyQuil P.M.

O

Orphenagesic, Orphenagesic Forte, Orudis, Oruvail Capsules, Oxycodine, Oxycodone

P

P-A-C, Pabalate-SF, Pabrin, Pacaps, Pain Reliever Tablets, Pamprin-IB, Panalgesic, Panodynes, Papaya, PediaProfen, Pedrazil, Pepto-Bismol, Percodan, Percodan Demi Tabs, Persantin, Persisrin, Persistin, PetoBismol, Phenaphen, Phenetron Compound, Piroxicam Capsules, Polymyxin, Ponstel Capsules, Presalin, Propoxyphene Compound, Propoxyphene Napsylate with Aspirin, Prozac

Q

Quagesic, Quiet World Analgesic (sleeping aid), Quinine

R

Relafen Tablets, Rexolate, Rhinex, Robaxin, Robasisal, Roxiprin Tablets, Rufin, Robaxisal

S

S-A-C, Salabuff, Salatin. Saleto, Saleto 200, Saleto-400,600,800 Tablets, Salflex, Salicylamide, Salocol, Salsalate, Salsitab, Serzone, Sign Off Sinus Tablets, Sine Aid, Sine Off, SK-65 Compound Capsules, Soma Compound, Soma Compound with Codeine, St. Joh'ns Wort, St. Josephs Aspirin, St. Joseph Cold Tablets (for children), Stanback Analgesic, Stanback Powder, Sudafed, Sulindac Tablets, Supac, Synalogos Capsules, Synalgos-DC Capsules

T

Talwin Compound, Tenol-Plus, Tolectin 200,600 Tablets, Tolectin DS Capsules, Tolmetin Tablets/Capsules, Toradol Injection/Tablets, Tr-Pain Tablets, Trilisate Tablets and Liquid, Trendar, Trental, Triaminicin Tablets, Tricosal tablets, Tri-Pain, Trigesic, Trilisate, Tusal

U

Ultrapin, Unipro, Ursinos Inlay Tablets

V

Valesin, Valtrex, Vanquish, Verin, Viro-Med Tablets, Vivarin, Voltaren

W

Warafin (Coumadin), Wellbutrin, Wesprin Buffered

Y

Yohimbe

Z

Zactrin, Zoloft (Zoloft has anti-coagulant properties so just advise your anesthesiologist if you take it) Zorprin, Zyban

Other Prescription Medications That Your Surgeon & Anesthesiologist Should Be Made Aware of.

celecoxib (Celebrex), cilastazol (Pletal), clopidogrel (Plavix), dipyridamole (Persantine), dipyridamole/ aspirin (Aggrenox), valdecoxib (Bextra), ticlopidine (Ticlid)

Herbal Remedies & Supplemental Vitamins

Ackee fruit as well as, Alfalfa, Aloe, Argimony, Barley, Bilberry, Bitter melon, Burdock root, Carrot oil, Cayenne, Chamomile, Chromium, Coriander, Dandelion root, Devil's club, Dong Quai root, Echinacea, Eucalyptus, Fenugreek seeds, Feverfew, Fo-ti, Garlic (*allium sativum*), Garlic tabs, Gingko, Gingko biloba, Ginseng, Goldenseal, Gotu Kola, Grape seed, Guarana, Guayusa, Hawthorn, Horse Chestnut Juniper, Kava Kava, Lavender, Lemon verbena, Licorice root, Ma Huang (aka Ephedra), Melatonin, Muwort, Nem seed oil, Papaya, Periwinkle, Selenium, St. John's Wort, Valerian/Valerian Root, Vitamin E, Willow bark, Yellow root, Yohimbe, ("The natural Viagra®")

Smoking Tobacco, Nicotine Patches, Gums & Vapor Cigarettes

If you are a smoker, you will be advised to quit immediately. In fact, you may be told that you will have to post-pone your surgery until the nicotine has been out of your system long enough so that it does not affect you while under anesthesia, and also while healing. This includes nicotine patches, gums and vapor cigarettes as well.

Drugs

Disclose all legal and illegal drugs that you may take as they can have a severe impact during surgery, including allergic reactions with anesthesia, impact on the heart, and the patient requiring more anesthetics than normal.

Alcohol Consumption

Excessive and even social drinking can impact your body's reaction during and after surgery including reactions with anesthetics, the body's natural vitamin K production which impacts clotting, and also blood pressure fluctuations. Alcoholics, or those who drink heavily, are also more likely to experience increased effects post-anesthesia. Patients are commonly told to cease alcohol consumption at least 3 days before surgery, although studies have proven that 6 to 8 weeks is ideal if you are a heavy drinker.

The content of this file is for informational purposes only and is not intended as a substitute for professional medical advice. Always consult your own surgeon or other qualified healthcare provider should you have any questions regarding this information or a medical condition. Do not disregard the advice of your own surgeon as a result of reading any information found on our websites, including this document or any information you may read on our plastic surgery discussion forums.